

## FUNDAMENTALS OF PALLIATIVE CARE

The Hospice New Zealand Fundamentals of Palliative Care is a multidisciplinary education resource aimed at all staff working with people who have a life limiting illness. Each of the learning packages has a self-directed component comprising of pre-session reading and a post-session activity. This supports participants to integrate the learning back into their working environment. The 10 learning packages are:

- Essence of Palliative Care
- Ethical Issues in Palliative care
- Pain and Symptom Management
- Palliative Care for People with Chronic Illness
- Palliative Care for People with Dementia
- Communication Skills
- Last Days of Life
- Loss and Grief
- Caring for Ourselves
- Introduction to Spirituality

Please contact us to book this programme for your organisation. Cost \$5 per person per session.

## PALLIATIVE CARE FOR CARE ASSISTANTS

This Hospice New Zealand education resource is an alternative to Fundamentals of Palliative Care and helps health care assistants explore their role in providing palliative care for residents and their families/whanau

The course consists of four 90-minute seminars and is delivered on site at your facility to a group of 10 -20 care assistants. Please inquire about costs.

## FOR FURTHER DETAILS ABOUT ANY OF THESE COURSES PLEASE CONTACT:

Raewyn Jenkins – Palliative Care Nurse Educator  
Ph 03 375 4185

Email: [raewyn.j.jenkins@nursemaude.org.nz](mailto:raewyn.j.jenkins@nursemaude.org.nz)

## REGISTRATION FORM 2020

Name: \_\_\_\_\_

Organisation: \_\_\_\_\_

Postal Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Course(s) <i>Tick appropriate box(es)</i>	Date	Fee
<input type="checkbox"/> Foundations in palliative care (PC01)		
<input type="checkbox"/> Syringe driver workshop (PC02)		
<input type="checkbox"/> Syringe driver annual update (PC03)		
<b>Total Fee</b>		

### Please return registration form to:

Hospice Administrator  
Nurse Maude Hospice  
P O Box 36 126, Merivale, Christchurch 8146  
Or email to [karen.duffield@nursemaude.org.nz](mailto:karen.duffield@nursemaude.org.nz)

### Payment by cheque or direct credit (Tick appropriate box)

Cheques payable to: **Nurse Maude**

Direct credit using your name as reference and the course code to:

Bank: BNZ  
Account Name: Nurse Maude Association  
Account Number: 02-0865-0057217-02

**Nurse Maude**  
*Caring for the people of Canterbury since 1896*



**PALLIATIVE  
CARE  
EDUCATION  
2020**

## PALLIATIVE CARE COURSES AND WORKSHOPS

Nurse Maude Hospice is committed to ensuring that those providing care or working with patients diagnosed with a life-limiting illness feel confident in their skills and knowledge and have access to appropriate education and support.

We offer a variety of courses and workshops for nurses, doctors, allied health professionals and care assistants. We can also work with you to tailor seminars and workshops to meet your needs.

### FOUNDATIONS IN PALLIATIVE CARE

**Venue:** Ballroom, McDougall House  
24 McDougall Ave, Merivale  
Morning tea provided.

This workshop for nurses and allied health professionals aims to increase knowledge and understanding of the palliative approach and includes:

- Principles of palliative care
- Pain and symptom management
- Care of the dying
- Communication with patients and families
- Grief, loss and bereavement support

### PALLIATIVE CARE LECTURE SERIES

**Venue:** Boardroom, McDougall House  
24 McDougall Ave, Merivale

Hospice New Zealand provides lectures via teleconference on the **First Thursday of every month, 7.30 - 8.30am**. Colleagues with an interest in palliative care are very welcome to join us. No need to book – just turn up on the day. For the 2019 schedule see:  
<http://www.hospice.org.nz/palliative-care-lecture-series>

## PALLIATIVE CARE EDUCATION TIMETABLE 2020

### Semester 1

Course	Code	Fee	Time	Dates				
				Feb	March	April	May	June
Foundations in Palliative Care	PC01	\$125	8.45 – 4.30pm				27	
Syringe Driver Workshop	PC02	\$60	1.30 - 3.30pm	3	2	6	4	8
Syringe Driver Update	PC03	\$30	2.30 - 3.30pm	11	10	7	12	9
Palliative Care Lecture Series		Free	7.30 – 8.30am	5	5	2	7	4

### Semester 2

Course	Code	Fee	Time	Dates					
				July	August	Sept	Oct	Nov	Dec
Foundations in Palliative Care	PC01	\$125	8.45 – 4.30pm				14		
Syringe Driver Workshop	PC02	\$60	1.30 - 3.30pm	6	3	7	5	2	7
Syringe Driver Update	PC03	\$30	2.30 - 3.30pm	14	11	8	6	10	8
Palliative Care Lecture Series		Free	7.30 – 8.30am	2	6	3	1	5	3

### SYRINGE DRIVER COMPETENCY PROGRAMME

**Venue:** Boardroom, McDougall House  
24 McDougall Ave, Merivale

The Hospice New Zealand Syringe Driver Competency Programme is for registered and enrolled nurses and develops the knowledge and skills required to manage subcutaneous infusions using the Niki T34 syringe driver. Initial certification involves completion of pre-course reading, a two-hour workshop, demonstration of practical competence and completion of a written test.

Thereafter certification is maintained by attending periodic updates. We recommend annually for nurses not using a syringe driver often and alternate years for nurses using syringe drivers routinely.

### GP MASTER CLASS IN PALLIATIVE CARE SERIES

**Venue:** Ballroom, McDougall House  
24 McDougall Ave, Merivale

#### Dates for 2019 to be advised

This popular series is facilitated by our Palliative Care Physicians and consists of 4 master classes:

- Opioids
- Symptom management
- Palliative approach to non-malignant disease
- Palliative Emergencies, Fluid & Nutrition and Ethical Dilemmas

The master class series is endorsed by the Royal New Zealand College of General Practitioners (RNZCGP) and approved for 3 hours per master class CME.