



As I write we are in the second day of a snap Level 4 lockdown, prompted by the discovery of cases of the Delta strain of Covid-19 in the community. It was an unwelcome, but not totally unexpected, reminder that our battle against Covid-19 is ongoing.

While New Zealand has been very fortunate compared to other countries, it is a timely reminder that Covid-19 travels far, and more worryingly, travels fast.

At Nurse Maude we are continuing to do what we do best; providing care for those who most need it and prioritising urgent care when necessary.

Updates on visiting restrictions to our hospital and hospice and other information can be found on our website, under the [Covid 19 Information](#) tab.

The focus of our nurses, nurse aides, home support workers, allied health and support staff is making sure those we care for remain safe, while also keeping themselves and their families safe.

We are also aware this can be a very isolating time for those living alone, particularly for the older members of our community. Staying in touch with a quick daily phone call can make an enormous difference to them.

We have been through this before, and your support then, as it is now, is a critical, and much appreciated part of this.

At a time when you will have your own family and friends to take care of, and your own concerns, the thanks of us all here at Nurse Maude.

Nurse Maude Founders Day



Handpainted icon representing Nurse Maude

The work of Sybilla Maude is recognised annually at St Peter's Church on the Sunday in July closest to the anniversary of her death. This year it was held on 11 July in the new Chapel of Compassion which is dedicated to Nurse Maude, and her work with the vulnerable and needy of Christchurch.

Both David Lang (Chair of Nurse Maude) and Bridget Ryan (CNS, Palliative Care Service) gave readings as part of the service. After placing flowers on Nurse Maude's grave, staff and supporters were invited to share in a morning tea.

Our thanks go to St Peter's Church for their continued support of this important event in the Nurse Maude calendar.



The Chapel of Compassion

Thank You!

- To the **JL Urqhart Family Trust** for the very generous donation of \$10,000 toward our work
- To **Harcourts Holmwood**, which is celebrating 13 years of sponsorship with us this month - they're (literally) behind us every day on the road
- To **BNI** and **House of Travel** for their continued support regardless of the economic environment - many years of support which we very much appreciate.
- To **you** - who keep our Hospice Shops and Maudes on Trade Me stocked with great donations.
- To **you** - who donates your hard-earned money to make sure everyone who needs our care most will always receive it.
- To **those who believe in a legacy of care** and have left us a bequest to make sure that care continues.



Hauora Tūhono

Hei hikoi ta tatou hikoi We walk as one

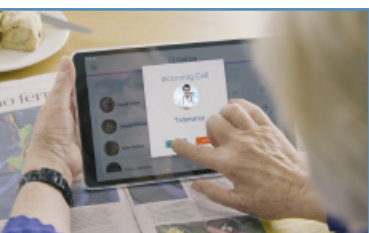
The Ministry of Health is funding telehealth initiatives that engage people with primary and community healthcare services. The Ministry received 105 applications for funding and Nurse Maude is proud to be one of the 19 successful organisations.

Our project, Hauora Tūhono (Connected Health), focusses on Māori and Pasifika older people with chronic conditions who would benefit from being more engaged with health services. Nurse Maude provides, at no cost to the participant, a blue tooth enabled tablet with

health monitoring tools e.g., a thermometer, blood pressure monitor and scales for conditions such as heart failure and chronic obstructive pulmonary disease (COPD).

A research nurse will be working with our partner organisations, Te Puawaitanga and Tangata

Atumotu Trusts to recruit people into the trial and support them to use the tablet. Participants will be encouraged



to connect with general practice, other relevant providers, and their whānau.

The trial aims to improve people's health and wellbeing through increasing their involvement with primary and community healthcare services.

By understanding how people feel about using a tablet and monitoring their health conditions with telehealth, we will be able to evaluate whether this type of service could be rolled out nationally.

The tablets used in this trial are provided by Spritely, a New Zealand company, who have designed the tablets specifically for and with Seniors. Nurse Maude is excited to be working with this innovative company on such an important trial.

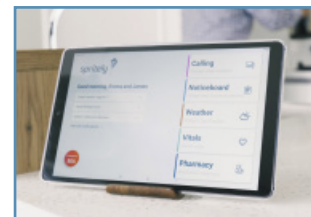
We look forward to keeping you updated as the project progresses.

E tu kahikatea, hei wakapae uroroa

Awhi mai, awhi atu, tatou tatou e

Kahikatea stand together; their roots intertwine, strengthening each other

We all help one another and together we will be strong.



Thanks for answering our call . . .

About mid-winter our Hospice Shops start running low on winter stock, this year especially so. Thank you for answering our call to donate what you could to get us through.

The daffodils bravely pushing their heads up through frosted ground remind us that we are just a few short weeks away from warmer weather.

Our Hospice Shops had to close when we went to Level Four, but we are hoping to reopen as quickly as possible



Nau mai - Welcome

We are delighted to welcome Hinetewai to the Hospice Service.

Hinetewai's role will offer manaaki/support to Māori tūroro/patients and their whānau in the hospice inpatient unit and the wider Canterbury community. She will also work alongside kaimahi/staff, volunteers and the Hospice Service multidisciplinary team providing guidance and support.

The role will raise awareness of care for te iwi Māori, and of mātauranga Māori which embraces the concepts of te whare tapa whā (tinana, whānau, hinengaro me te wairua – the four elements of wellbeing which maintain the balance of life).

Hinetewai is Rapuwai, Waitaha, Mamoe and Tahu descent. She graduated from Teachers College with a Teaching Diploma and Bachelor of Education. After

spending two years teaching abroad, Hinetewai spent 10 years with the Ministry of Justice in the Māori Land Court in Operations and later as an Advisory Officer where she worked with whānau, hapū and iwi on land administration, reunification, and whakapapa.

Recently, Hinetewai worked in Specialised Mental Health at Hillmorton Hospital in the Rural Adult Community Service with tāngata whaiora, while assisting and supporting staff to develop an understanding and awareness related to tikanga Māori and te Ao Māori, working within a multi-disciplinary team to ensure culturally appropriate treatment was provided.

At Nurse Maude, Hinetewai is part of a cultural team with Taua Sally Pitama, which supports the Refugee and Migrant Community participating in the opening of annual events.

I wish to support the work of Nurse Maude.



Please accept my donation of: \$10 \$20 \$30 \$50 \$100 My choice is \$

I am paying by: Mastercard Visa

Credit Card No:

- - -

Expiry Date:

/

Cardholder Name:

Signature:

Other ways you can contribute:

- Use the DONATE button on our website
- Internet Banking – Account # 02-0865-0057217-003
- Set up a regular Automatic Payment

Phone our Accounts Team on 03 375 4200 or email them at accountspayable@nursemaude.co.nz and they will help you find the best way for you to support us.

CCRCCxS



CCRCCxS or Crickets as it is commonly known matches volunteers with families who have a child with a complex health and/or disability need. Volunteers provide flexible and practical support to allow the family to have some respite.

The service also provides information, advocacy and liaising with other health services if required.

Marilyn Vickery, Volunteer Services Manager (2nd from left) and Fleur Hope, Complex Children’s Respite Coordinator (far right) joined some of our volunteers at the recent Volunteer Expo to showcase the wonderful work the service does.

CCRCCxS couldn’t do that wonderful work without the 17 volunteers already matched to families.

Fleur tells us that she finds it really inspiring to see how often the busiest people, with multiple responsibilities and at times significant challenges, put their hand up to help others. One of our newest recruits is a young, positive university student who herself manages a complex health condition. Another volunteer made arrangements with her mum before her baby was born to babysit so she could get back to assisting her family as soon as she could.



Staying in touch is easier than it used to be



Please wear a face covering

Covid19.govt.nz

Te Kāwanatanga o Aotearoa
New Zealand Government

Unite against
COVID-19

Hospice News

Thank you

On August 10th the Hospice held a farewell morning tea for the West Melton Garden Club volunteers who have been tending the hospice garden for nearly 20 years.

Club members admitted they are all ageing and sadly it's time to say 'goodbye', but they told us how much they have valued and appreciated being a part of the hospice volunteer team. Equally we have valued the pleasure they have brought to patients, their families and staff. The garden has been both a delight and a place of quiet - it has even seen the odd wedding or two.

A huge thank you to all members for their years of dedicated volunteering. We will miss you.

Pictured are the volunteers catching up at the farewell morning tea and one showcasing the fruit of their labour – the hospice garden in spring.



Stay in touch

When we launched our Facebook Page Nurse Maude Hospital Family & Friends, even we didn't realise how popular it would be. We now have 150 members and it's climbing daily.

It's a great place to connect with family members and friends through sharing photos, videos, stories, and keeping in touch regardless of wherever you may be.

While it was initially launched, as the result of a great idea by our Hospital Manager, Natalie Seymour, as a response to a Covid-19 lockdown, it has proved to be successful whatever the circumstances.

To join, just go to the Facebook Page and apply to join. But here's the important bit – you must answer the questions you receive. We've noticed quite a lot of people applying don't answer them, and without those answers we cannot approve your application to join. Those questions are just to make sure the application is genuine to keep our residents safe.

So, join us, and them, and stay connected with those you love.

