

The Korowai Programme

**An education programme for
whānau and caregivers.**

**Me raranga tahi tātou
Let us weave together**



A Māori twist symbolises the path of life. It is believed to be based on the Māori Kete (basket).

The path takes many twists and turns but carries on regardless.

The triple twist is a symbol of eternity and refers to the bonds between people and cultures rather than individuals.

Are you caring for a person with a life limiting illness?

Nurse Maude Hospice Palliative Care Service runs free workshops for whānau and caregivers of our patients.

The small group workshops are run by health professionals. You'll have the opportunity to learn about and discuss issues you may be managing on a daily basis.

Topics covered include:

- Support available
- Good communication
- Understanding symptoms
- Dietary advice
- Tips for safe moving and handling
- Managing personal care at home
- What to expect during the last days of life
- Understanding loss and grief
- Talking about funerals



Sessions

The Korowai Programme runs in 3 weekly blocks (2 hours per week) throughout the year at McDougall House, 24 McDougall Avenue, Merivale.

To register for the next available dates contact Nurse Maude Hospice on 03 375 4274.